



## Sermon Notes:

### Maximize Living

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01/29/2023

“Excellence requires discomfort.” - TDJ

#### Text Reference:

Romans 12:1-2

<https://www.biblegateway.com/passage/?search=Romans%2012&version=KJV>

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

<sup>2</sup> And be not conformed to this world: but **be ye transformed** by **the renewing** of your mind, that **ye may prove** what is that good, and acceptable, and perfect, will of God.

We are supposed to be a transformed person.

Transformation is how we become. What God has declared us to be, have, and do. We go from a life that contradict what God has declared. To a life that corresponds (agrees/look like) to what the Word of God has declared.

## Maximize Living

We must *become* people of discernment. People able to **PROVE**, verify, judge matters and inspect/examine fruit in/of people. "People do what you inspect, not what you expect". People who hear God's Voice.

To live better we must **PROVE** better. To maximize our lives, we must make better decisions.

*"Everything begins with a decision. Then, we have to manage that decision for the rest of your life."* - John Maxell

### Discernment: The ability to Prove in the life of King Solomon

1 Kings 3:28

<https://www.biblegateway.com/passage/?search=1+Kings+3%3A28&version=KJV>

28 And all Israel heard of the judgment which the king had judged; and they feared the king: for they saw that the wisdom of God was in him, **to do judgment.**

The Mechanics of Proving Better: Path to Maximize Living

1. Understanding The human makeup (spirit, soul, and body)
2. Born Again: Regeneration. A one-time event.
3. Transformed renewing/renewed: attitudes and thinking (continual process)
4. Training the Human spirit

## The Human Makeup

### Spirit, soul, and body

#### 1 Thessalonians 5:23

[https://biblehub.com/1\\_thessalonians/5-23.htm](https://biblehub.com/1_thessalonians/5-23.htm)

And the very God of peace sanctify you wholly; and *I pray God* your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ.

## **Born Again: Regeneration a onetime event**

John 3:6

<https://www.biblegateway.com/passage/?search=John%203%3A6&version=KJV>

“That which is born of the flesh is flesh, and that which is born of the **Spirit** is **spirit**.”

Candle of the Lord (we contact God and God contacting us... worship in spirit and truth)

Proverbs 20:27

<https://biblehub.com/proverbs/20-27.htm>

The spirit of man *is* the candle of the LORD, searching all the inward parts of the belly.

**God communicates with our spirit and not with our reasoning facilities.**

John 4:24

<https://www.biblegateway.com/passage/?search=John+4%3A24&version=KJV>

<sup>24</sup> God is a **Spirit**: and they that worship him must worship him in **spirit** and in truth.

## **Transformed renewing/renewed: attitudes and thinking (continual process)**

Romans 12:1-2 (spirit of our mind: our thoughts and attitudes)

<https://www.biblegateway.com/passage/?search=Romans%2012&version=KJV>

<sup>1</sup> I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

<sup>2</sup> And be not conformed to this world: but **be ye transformed by the renewing** of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

## Be renewed

Ephesians 4:21-24 KJV

<https://www.biblegateway.com/passage/?search=Ephesians%204&version=KJV>

<sup>21</sup> If so be that ye have heard him, and have been taught by him, as the truth is in Jesus:

<sup>22</sup> That ye put off concerning the former conversation the old man, which is corrupt according to the deceitful lusts;

<sup>23</sup> And **be renewed** in the spirit of your mind;

<sup>24</sup> And that ye put on the new man, which after God is created in righteousness and true holiness.

## Word definitions

The word "conversation" is obsolete English for "manner of life."

Old = (Greek: "Palaios"; worn out, decrepit, useless)

New = (Greek "**ananeoo**", about-face in thinking, a change from mental impurity to holiness. The Spirit of God influences the thought processes. To reason from God's viewpoint.)

This is an ongoing part of the new walk of the new man in this new life.

Titus 3:5

<https://www.biblegateway.com/passage/?search=Titus+3%3A5&version=KJV>

5 Not by works of righteousness which we have done, but according to his mercy he saved us, by the washing of regeneration, and renewing of the Holy Ghost;

This renewal continues until our salvation is complete. In God's eyes it is complete. Jesus declared from the cross, "It is finished." Jesus refers to glorification in the past tense in Romans 8:30.

Romans 8:30 KJV.

<https://www.biblegateway.com/passage/?search=Romans+8%3A30&version=KJV>

30 Moreover whom he did predestinate, them he also called: and whom he called, them he also justified: and whom he justified, them he also glorified.

But for us this must be worked out in time. And the way that it is worked out is through our sanctification. It is through the Spirit renewing and transforming us daily to the image of Christ.

### **Training the Human spirit**

"Success is always the result of following the leading of the Holy Spirit." K.E. Hagin

#### **Four rules by which you can train and develop your own human spirit.**

- 1. By reading and meditation in the Word**
- 2. By practicing the Word**
- 3. By giving the Word first place**
- 4. By instantly obeying the voice of your spirit**